



## **Participant Coaching Terms and Conditions**

### **1. Coaching vs. Therapy:**

- Coaching is a collaborative and client-centered process focused on personal and professional development. It is not therapy or counseling.
- Coaching sessions are designed to help clients set and achieve goals, explore personal values, and enhance personal effectiveness.
- Coaching does not involve diagnosing or treating mental health conditions. Coaches are not licensed therapists or counselors, and coaching services should not be considered a substitute for professional therapy.

### **2. Coaching Process:**

- 2.1. Coaching sessions are conducted in a supportive and non-judgmental environment.
- 2.2. Coaches provide guidance, feedback, and accountability to help clients identify their strengths, overcome challenges, and achieve their desired outcomes.
- 2.3. Coaching may involve the exploration of thoughts, feelings, and behaviors to gain insight and perspective. However, it does not delve into deep-rooted psychological issues or trauma.
- 2.4 Upon the participants request, spiritual insight and advice may be offered to best suit the participants' religious beliefs.

### **3. Limitations of Coaching:**

- 3.1. Coaches cannot provide clinical advice, counseling, or therapeutic interventions.
- 3.2. Coaches do not offer medical, psychiatric, or psychological services. Clients with mental health concerns should seek assistance from a licensed therapist or healthcare professional.
- 3.3. Coaches do not provide diagnoses or treatment plans for mental health conditions. Clients requiring diagnosis or treatment should consult with a qualified mental health professional.

#### **4. Participant Responsibility:**

- 4.1. Participants are responsible for their own decisions, actions, and outcomes. Coaches provide support and guidance, but clients ultimately determine the direction of their lives and the choices they make.
- 4.2. Participants are encouraged to communicate openly and honestly with their coach, raise any concerns or questions they may have, and actively participate in the coaching process.
- 4.3 By engaging in coaching services provided by Broken on Purpose, I affirm that I am voluntarily participating and acknowledge that the services provided are for my personal development and growth.

#### **5. Confidentiality:**

- 5.1. Coaching sessions are confidential, and information shared during sessions is kept strictly confidential unless disclosure is required by law.
- 5.2. Coaches may seek supervision or consultation to improve their coaching skills, but client identities and specific details will remain confidential.
- 5.3 Exceptions to Confidentiality:
  - Safety Concerns: In situations where there is an imminent risk of harm to oneself or others, confidentiality may be breached to ensure the safety and well-being of all parties involved. This includes but is not limited to cases of self-harm, harm to others, or emergencies. See additional Confidentiality Terms and Conditions

#### **6. Payments and Cancellation Policy:**

- 6.1. Payments must be received before services are rendered.
- 6.2. Refunds are not issued on the day of cancellations. Participants are encouraged to reschedule and may apply any payment to rescheduled services.
- 6.3. Participants agree to follow the cancellation policy of providing 24-hour advanced notice for cancellation or rescheduling of appointments.
- 6.4 As a nonprofit organization the fees associated with our services are used to support charitable activities and objectives. We offer services based on a sliding scale and work to ensure that every individual can receive services regardless of their income.
- 6.5 Participants may end services at any time without any penalties.

By engaging in coaching services, clients acknowledge that they have read, understood, and agree to these terms and conditions.